



Reshaping Basketball Organizations Using Circular Economy and New Developments

D1.1: Implementation Progress

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1. Background. About REBOUND project

REBOUND addresses the objective of “promoting education in and through sports” by formulating and carrying out an educational training for staff and athletes of all ages of basketball clubs, focusing on the application of circular economy methods. The project works on two levels: integrating circular economy principles into everyday club activities and incorporating them into event organization.

REBOUND specific objectives are:

- Circular economy mapping and development: This objective will focus on analyzing the best practices in terms of circular economy in basketball sports clubs, already in place in Europe. These will be adopted to fit the needs of staff and athletes of all ages of basketball clubs.

This objective will practically target to frame the intervention and describe the process, the tools and the practical advices for sports organizations to try different operational models to benefit them as well as the environment.

The educational manual for trainers will be developed describing the details of the training for circular economy methods, on 2 (two) levels of application:

- Everyday activities of the clubs
- During the organization of events / games

to achieve: Environmental sustainability, Economic viability, Social Responsibility and Attract more people in basketball.

- Implementation of REBOUND interventions: The REBOUND interventions will consist of actions related with training staff and athletes of all ages of basketball clubs, on circular economy methods.
- Dissemination and engagement: This objective will focus on achieving a wide dissemination of the project’s results. Social media will be extensively used along with information provision on events, workshops, meetings where the partners will participate.

REBOUND will work on three levels by supporting the community (by developing circular economy training programs), influencing the social aspect by involving staff and athletes of all ages of basketball clubs in the process, for immediate application of knowledge influencing on a personal level by increasing circular economy beliefs and building skills to equip learners for successful and active action in implementing circular economy methods.



2. Introduction

2.1 Purpose and Scope of the document

The purpose of this document is to provide a comprehensive overview of the implementation progress of the REBOUND project up to Month 9 of its duration (September 2025).

The report summarises the main project processes, including management, coordination, communication, and implementation activities carried out by the consortium during the period January – September 2025. It also presents the deliverables and results completed so far, as well as the overall progress achieved across all Work Packages.

As the project follows a Lump Sum funding model, no detailed financial reporting is required. However, it is confirmed that financial implementation remains fully aligned with the technical progress and the timely achievement of the planned deliverables.

This is a public report, prepared to ensure transparency regarding the implementation progress of the project and compliance with the Erasmus+ principles of accountability, visibility, and dissemination.

2.2 Methodology and Reporting Approach

This report has been prepared in accordance with the internal management and communication procedures established within the REBOUND partnership.

The methodology followed ensures consistency, transparency, and accuracy in presenting the project's implementation progress.

The information included in this document was collected through regular coordination meetings (online and in-person) held throughout the reporting period, as well as through continuous monitoring by the coordinator (Tero P.C.) to ensure the timely achievement of deliverables.

The report summarizes the progress of all Work Packages, focusing mainly on the technical and qualitative results of implementation rather than financial data, as the project is implemented under the Lump Sum funding model.

The preparation of this report followed a collaborative approach: each partner contributed information related to their respective responsibilities, while the coordinator collected, consolidated, and validated the final content before submission and public release.



3. Implementation Progress

This section presents the overall implementation progress of the REBOUND project during the first nine months of execution (Months 1–9).

It summarises the key activities and results achieved within each Work Package, in accordance with the timeline and objectives established in the Grant Agreement.

The report highlights the main achievements, deliverables submitted, and ongoing tasks, while confirming that all activities have been implemented as planned and within schedule. No significant deviations, delays, or management issues were identified during the reporting period.

The following subsections provide a detailed overview of the progress achieved per Work Package, covering project management, technical outputs, implementation activities, and dissemination actions.

3.1 Implementation Progress by Work Package

The implementation of the REBOUND project has progressed in full alignment with the Grant Agreement (Annex I – Description of the Action). All activities planned for the first nine months have been carried out according to schedule, and no deviations have been reported.

The consortium has ensured a coherent and well-coordinated implementation across all Work Packages, with continuous communication among partners and close monitoring by the coordinator. The progress by Work Package is summarised below.

3.1.1 WP1 – Project Management and Coordination (Lead: Tero P.C.)

Project management and coordination activities have been implemented effectively and in full compliance with the procedures and standards defined in the Project Manual. The management framework of REBOUND ensures clear role allocation, transparent communication, and timely decision-making among all partners.

The Project Manual, finalised in Month 2 under the leadership of Tero PC, provides detailed guidance on the internal management, communication, risk and quality assurance procedures applied throughout the project. It describes the management structure — including the Project Coordinator, Project Management Board, Work Package Leaders, Evaluation Team, and Stakeholder Engagement & Dissemination Manager — and sets out the mechanisms for collaboration, decision-making, and conflict resolution.



The document also defines the tools and communication channels used within the consortium, such as the shared Google Drive shared folder, structured email correspondence procedures, and regular online coordination meetings. These tools support effective collaboration, document traceability, and transparent project monitoring.

To facilitate internal communication, the consortium maintains an updated contact list including all project participants, stored in the shared project Google drive. Communication takes place mainly via e-mail for non-urgent matters and through video conferencing (Zoom platform) for regular coordination meetings, ensuring an efficient and environmentally conscious approach to collaboration.

In addition, a standard deliverable template was developed and adopted by all partners to ensure uniformity and coherence in all project outputs, both internal and public.

Ethical compliance is also ensured in line with Erasmus+ regulations and the EU General Data Protection Regulation (GDPR), under the supervision of the Project Coordinator acting as the ethics supervisor.

Regular coordination online meetings (six between February and September 2025, following the kick-off meeting in Thessaloniki in Month 1) have facilitated efficient communication and continuous monitoring of progress. All meeting minutes and follow-up actions are archived in the shared project repository to ensure transparency and accountability.

Overall, WP1 has been implemented smoothly, establishing a strong management foundation and ensuring full compliance with the administrative, ethical, and contractual obligations defined in the Grant Agreement.

3.1.2 WP2 – Circular economy mapping and development (Lead: Tero PC)

WP2 represented the main focus of activity during the reporting period, addressing the mapping, analysis, and documentation of good practices in circular economy within the basketball sector. The Work Package was successfully completed in Month 7, in accordance with the approved schedule and without any deviations.

Within this Work Package, the partners identified and analysed a total of 14 good practices in the field of circular economy applied to sport. The initial target defined in the Grant Agreement required the identification of a minimum of 12 practices, meaning that the consortium exceeded the quantitative goal set for this stage.

The research followed a common methodology, based on a mapping and review template designed by Tero P.C. and used by all partners for systematic data collection and documentation.



For each good practice, key information was recorded, including its structure, training components, thematic focus, supporting materials, transferability potential, and expected outcomes. Through comparative analysis, common success factors, challenges, and adaptation opportunities were identified and used to inform the subsequent stages of the project.

The deliverable D2.1 “Good Practices Report”, led by Tero P.C., summarises the findings of this research, presenting 14 documented good practices and highlighting their contribution to promoting sustainability through sport.

Building on the results of D2.1, Tero P.C. coordinated the development of the deliverable D2.2 “REBOUND Manual”, which compiles and organises the selected practices into a practical implementation guide. The manual serves as a hands-on tool, providing thematic sections, implementation guidelines, required resources, and recommendations for adaptation and replication.

WP2 was successfully completed, with a high degree of collaboration among partners and full compliance with the objectives and deliverables of the project. Its outcomes represent a fundamental contribution to preparing the following stages of REBOUND and to integrating circular economy principles into grassroots sport practice.

3.1.3 WP3 – Delivery of the Rebound intervention package (Lead: FEDERACIÓN GALLEGA DE BALONCESTO)

Following the completion and submission of the REBOUND Manual (Month 7), the partners initiated the coordinated implementation of Work Package 3 (WP3), which focuses on the development and implementation of the REBOUND interventions.

During the current reporting period, the consortium concentrated on the preparation and launch of Task 3.1 “REBOUND Intervention Implemented”, which will run until Month 18. Partners began organising and collecting educational content and developing the tools that will support the upcoming training and awareness activities.

Specifically, each partner contributed to the collection and documentation of relevant materials in the project’s shared Google Drive repository, to be used for the creation of the REBOUND Repository Portal. This online repository was activated and integrated into the project’s main website in mid-October 2025, providing open access to resources, guidelines, and tools related to circular economy practices in sport.

In parallel, the Lead Beneficiary of WP3, Federación Gallega de Baloncesto (FEGABA), prepared a PowerPoint presentation based on the REBOUND Manual. This training material will be used during the three informative and interactive seminars to be delivered by each partner in their



respective countries. These sessions aim to introduce and promote circular economy concepts through basketball-based learning and community engagement activities.

At the same time, partners initiated the organisation of the “Train the Trainers” seminars, which will be conducted online by each organisation. These sessions will equip future trainers with the knowledge and skills required to effectively implement the REBOUND learning modules in their local contexts.

By the end of Month 9, WP3 activities were progressing smoothly and on schedule. Cooperation among partners has been continuous and productive, and all preparatory actions are advancing according to the initial project plan.

3.1.4 WP4- Dissemination & communication (Lead: Evnikos Sports Club)

Work Package 4 (Communication and Dissemination) focuses on promoting the REBOUND project, ensuring the visibility of its actions, and effectively disseminating its results at local, national, and European levels. The WP4 activities directly support the deliverable “Communication Material”, which will summarise all outreach activities and include the communication materials produced by the consortium.

During the first nine months of the project, the consortium successfully launched the official project website and its social media channels, Facebook, Instagram and LinkedIn pages, which serve as the main tools for public communication and engagement. The website is regularly updated with news, results, and partner activities. By late September, the multimedia presentation of the project had been completed and was integrated into the main website in early October 2025.

Preparatory work for the REBOUND Repository Portal was also carried out during the reporting period. The portal was activated and fully integrated into the project’s website in mid-October 2025, providing open access to educational and informational materials developed within the project framework.

The project’s visibility on social media has been highly positive, with over 650 followers reached by the end of Month 9 — approximately 50% of the overall dissemination target. Website traffic continues to increase steadily, reflecting the growing recognition and public awareness of REBOUND.

Moreover, several targeted dissemination and networking activities were implemented during this period, significantly enhancing the project’s public profile:

- Participation of Tero P.C. in the 28th International Conference on Physical Education and Sports (Thessaloniki, Greece), organized by Northern Greece Physical Education Teachers Association, where the project’s objectives and approach were presented.



- Participation of Evnikos Sports Club in the 33rd International Physical Education Conference (Komotini, Greece), organized by Democritus University of Thrace (DUTH), featuring a presentation of the project and dissemination of initial results.
- A local meeting with public authorities, sport clubs, and policymakers, organised by Tero PC in the context of the Thessaloniki conference.
- Implementation of a practical awareness activity by Evnikos Sports Club, which welcomed the team Fuz'Ellipse de Cavani from Mayotte in Athens, presenting the REBOUND Erasmus+ Sport project and exchanging good practices on recycling, reuse, and sustainability in basketball. The initiative also included a collection of sports clothes and equipment, demonstrating how local clubs can combine environmental awareness with concrete community action.
- The “Swap & Smile” event, organised by ASD Borgomanero Sporting Club, encouraged families to exchange sports clothing and equipment. The event successfully promoted the reuse of sports materials, strengthened community ties, and raised awareness on responsible resource use. It clearly demonstrated how small-scale, community-driven initiatives can put REBOUND’s circular economy principles into real-world practice and turn sports clubs into models of sustainability.
- Educational activities were also implemented by ASD Borgomanero Sporting Club, such as an awareness session on the responsible use of water during a sports camp in Sardinia, where young athletes were encouraged to use reusable bottles and learn how to stay hydrated in an environmentally conscious way. This initiative further illustrates how sports education can integrate sustainability and health awareness.
- In addition, ASD Borgomanero Sporting Club published a dedicated news article on its website, highlighting the club’s involvement in the REBOUND project and showcasing how sports organisations can contribute to sustainability and community engagement.
- Publication of an article by Evnikos Sports Club, introducing the project’s concept and objectives, further strengthening the external visibility of REBOUND. In addition, new articles have already been prepared for publication in the upcoming months, which will further promote the project’s results and methodology.

These activities have been complemented by the continuous production of communication materials, such as presentations, visual graphics, informative texts, and social media posts, which will be compiled and presented in the forthcoming deliverable.

Overall, communication and dissemination activities during the first nine months of the project have been consistent, targeted, and effective, contributing substantially to the project’s visibility, engagement, and long-term impact at both national and European levels.



3.1.5 Project Outputs Delivered During the Reporting Period

During the first nine months of implementation, two major project outputs were successfully completed and submitted on time:

- **Good Practices Report (Project Output 1) – Month 7**

This report summarises the identification and analysis of good practices in the field of circular economy and sports across partner countries and beyond. It includes 14 good practices (exceeding the minimum target of 12), highlighting innovative approaches, methodologies, and elements transferable to the REBOUND training framework.

- **REBOUND Manual (Project Output 2) – Month 7**

The manual serves as the foundation for the REBOUND educational activities. It translates the findings from the Good Practices Report into structured learning content, practical guidelines, and tools that will be used during the training phase (WP3).

Both outputs were delivered according to the schedule set out in the Grant Agreement and validated by the coordinator prior to submission. Their timely completion confirms the project's solid progress and the effective collaboration among partners during the initial implementation phase.

These deliverables are public and openly available via the project's official website.



4. Summary and Next Steps

During the first nine months of implementation, the REBOUND project has progressed in full alignment with the approved timeline and the objectives set out in the Grant Agreement. All planned activities were successfully completed without deviations, ensuring a smooth transition from the design phase to the implementation phase.

The consortium has established a solid foundation for the next stage through the timely completion of the two key project outputs — the Good Practices Report and the REBOUND Manual — which form the core of the project’s educational and methodological framework. In parallel, dissemination and communication activities (WP4) have significantly strengthened the project’s visibility, partner recognition, and the promotion of circular economy principles in sports.

In addition, during Month 10 (October 2025), the consortium finalised the Communication Materials deliverable, which compiles and presents all communication and educational materials produced during the first phase of the project, along with the main dissemination activities implemented to date.

At the same time, the consortium has submitted the present Implementation Progress Report (Month 9), summarising the overall progress, management processes, and key results achieved so far. This report serves as a core monitoring and quality assurance tool, allowing the consortium and the Agency to assess the project’s advancement, compliance, and consistency with the objectives and timeline of the Grant Agreement.

During the following months (Months 10–18), the consortium will focus on the implementation of the REBOUND intervention package (WP3), which includes:

- the organisation of Train-the-Trainers seminars,
- the delivery of three groups of informative and interactive seminars in each partner country, and
- the continuous update and further development of the REBOUND Repository Portal.

In parallel, dissemination and communication efforts will continue, aiming to maximise the project’s visibility, expand cooperation networks, and strengthen its sustainability and long-term impact. Progress will continue to be closely monitored by the Coordinator and Work Package Leaders, with particular attention to quality assurance, compliance with the Grant Agreement, and the continued exploitation of project results beyond its lifetime.